

01 / Feel the pulse

Crotchets and quavers

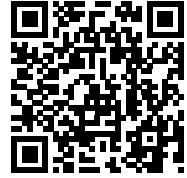
4/4 | Crotchet = 60 bpm | Repeat each bar twice

Name: _____ Date: _____

Read and say the rhythm, then clap, tap or play it.

Use your rhythm syllables on one pitch if singing.

Scan, listen to the answer, then join in on its repeat.



SCAN TO CHECK

Part 1 - 00:32

01 Find the pulse

Answer 00:54



Counts: _____

[] Try again [] Got it

02 Split one beat

Answer 01:18



Counts: _____

[] Try again [] Got it

03 Two pairs

Answer 01:42



Counts: _____

[] Try again [] Got it

04 Keep the halves even

Answer 02:06



Counts: _____

[] Try again [] Got it

05 Quavers all the way

Answer 02:30



Counts: _____

[] Try again [] Got it

Count each beat as: 1 & 2 & 3 & 4 &. Keep both quavers even.

My practice goal: _____

02 / Divide the beat

Add semiquavers

4/4 | Crotchet = 60 bpm | Repeat each bar twice

Name: _____ Date: _____

Read and say the rhythm, then clap, tap or play it.

Use your rhythm syllables on one pitch if singing.

Scan, listen to the answer, then join in on its repeat.



SCAN TO CHECK

Part 2 - 02:38

06 Four inside one



Counts: _____

[] Try again [] Got it

Answer 03:00

07 Change the subdivision



Counts: _____

[] Try again [] Got it

Answer 03:24

08 Four, two, four, one



Counts: _____

[] Try again [] Got it

Answer 03:48

09 Finish with four



Counts: _____

[] Try again [] Got it

Answer 04:12

10 Steady semiquavers



Counts: _____

[] Try again [] Got it

Answer 04:36

Count: 1 e & a, 2 e & a, 3 e & a, 4 e & a. Four equal notes per beat.

My practice goal: _____

03 / Long and short

Dotted quaver + semiquaver patterns

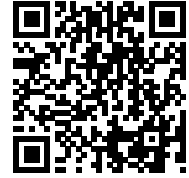
4/4 | Crotchet = 60 bpm | Repeat each bar twice

Name: _____ Date: _____

Read and say the rhythm, then clap, tap or play it.

Use your rhythm syllables on one pitch if singing.

Scan, listen to the answer, then join in on its repeat.



SCAN TO CHECK

Part 3 - 04:44

11 Long, then short

Answer 05:06



Counts: _____

[] Try again [] Got it

12 Dotted pairs

Answer 05:30



Counts: _____

[] Try again [] Got it

13 Short, then long

Answer 05:54



Counts: _____

[] Try again [] Got it

14 Turn the pattern around

Answer 06:18



Counts: _____

[] Try again [] Got it

15 Uneven notes, steady beat

Answer 06:42



Counts: _____

[] Try again [] Got it

Long-short sounds on the number and a; short-long on the number and e.

My practice goal: _____

04 / Put it together

Mix all five rhythm shapes

4/4 | Crotchet = 60 bpm | Repeat each bar twice

Name: _____ Date: _____

Read and say the rhythm, then clap, tap or play it.

Use your rhythm syllables on one pitch if singing.

Scan, listen to the answer, then join in on its repeat.



SCAN TO CHECK

Part 4 - 06:50

16 Mix the ingredients

Answer 07:12



Counts: _____

[] Try again [] Got it

17 A different ending

Answer 07:36



Counts: _____

[] Try again [] Got it

18 Switch every beat

Answer 08:00



Counts: _____

[] Try again [] Got it

19 Hold your pulse

Answer 08:24



Counts: _____

[] Try again [] Got it

20 The final combination

Answer 08:48



Counts: _____

[] Try again [] Got it

Keep 1 e & a running silently. Look ahead to the next beat.

My practice goal: _____